

JTA: Trainer or Trainer Assistant

Updated 2 months ago -

Trainers are responsible for the core aspects of running a racing stable. Depending on the individual business requirements, this may include – liaising with all staff members, directing track work riders, developing training programs, and discussing horse health and performance. They also play a pivotal role in supporting Stablehands and jockeys with tasks such as saddling, unsaddling, exercising, and guiding horses. Trainers are also responsible for providing regular updates to owners, communicating with Racing Queensland stakeholders, suppliers and organising racing schedules.



Trainers complete much of their work outdoors in stables, yards, and on training tracks. They are regularly exposed to changing weather conditions, including heat, rain, and cold, and must safely navigate uneven surfaces, biological hazards, and other environmental risks.

Training programs

- Develop and write daily training programs tailored to the needs of each horse.
- Allocate and direct track work riders to ensure horses are exercised according to the training plan.
- Coordinate and oversee the exercise process during both morning and afternoon shifts.
- Ensure the training program is clearly documented and left in the stables for riders to access and follow.
- Monitor compliance with training plans and provide guidance or adjustments as needed.

Staff member directing and communication

- Communicate effectively and use interpersonal skills to discuss the daily training program with track work riders and jockeys.
- Conduct one-on-one discussions with riders to allocate horses for each shift.

- Check in with riders after exercise sessions to review horse health, behaviour, and performance.
- Record observations and make notes to adjust subsequent training sessions as required.
- Liaise with owners to provide updates on horse progress and inform them of upcoming race schedules.

Administrative tasks

- Develop and maintain the training roster for track work riders, jockeys, and apprentice jockeys.
- Determine and coordinate the daily training schedules to ensure efficient use of resources and personnel
- Assist in the preparation and submission of race entries.
- Manage the timely payment of entry fees associated with races.
- Engage with key stakeholders, including suppliers and horse owners, through various communication channels such as phone calls, emails, and video sharing.
- Provide regular updates and information to stakeholders regarding training progress and related activities.

Horse care tasks

- Oversee the general well-being and health of horses under training.
- Monitor horses for signs of injury, illness, or distress and coordinate with veterinary staff as needed.
- Ensure horses receive proper grooming, feeding, and hydration in line with training and welfare protocols.
- Supervise stable cleanliness and maintenance to provide a safe and healthy environment for horses.
- Monitor horses post-exercise to assess recovery and address any immediate care needs.