

# 2026 INTAKE GUIDE & EXPRESSION OF INTEREST FORM

## Introduction

The Queensland Apprentice Jockey Program (QAJP) is designed to develop aspiring jockeys into high-performance athletes capable of competing at the highest level of the thoroughbred racing industry.

### Apprentice jockeys must demonstrate:

- Exceptional riding skill and technique
- High levels of discipline, resilience, and professionalism
- Commitment to health, fitness, and safe race riding practices
- Understanding of the Rules of Racing and integrity standards

The QAJP provides a structured pathway to develop the skills, knowledge, and behaviours required to succeed in this demanding and competitive sport. The intake process ensures that all Applicants meet essential standards in riding ability, physical fitness, education, conduct, and character before entering the QAJP.

The QAJP aims to give each successful Applicant the strongest possible foundation to maximise their four-year apprenticeship, achieve early success, and build a sustainable career in thoroughbred racing.

## Key Pre-Entry Requirements

### Before acceptance into the QAJP and commencement of the Certificate IV in Racing (Jockey), applicants must:

- Hold a Certificate III in Racing (Trackwork Rider) or currently completing,
- Be employed by a Queensland licensed thoroughbred trainer,
- Employer meets the Minimum Standards to Employ an Apprentice, as prescribed by Racing Queensland (forms available on the RQ website),
- Demonstrate the ability to maintain a healthy and sustainable race riding weight, and
- Meet the prescribed fitness, medical, and integrity requirements.

## Application & Shortlisting Fee

A non-refundable fee of \$250 will apply to applicants who are shortlisted. Shortlisted applicants will be notified and asked if they wish to progress to the next stage of the QAJP selection process. At that point, applicants must accept the \$250 non-refundable fee, which will be invoiced and to be paid prior to final selection.

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### High-Performance Medical and Fitness Requirements

**Applicants must disclose any medical conditions, injuries, illnesses, or health concerns that may affect their ability to safely undertake jockey duties, including but not limited to:**

- Chronic medical conditions (e.g., diabetes, asthma, heart conditions)
- Previous major injuries or surgeries
- Concussion or head injury history
- Ongoing physical limitations
- Conditions that may affect weight management or daily performance

**Applicants may be required to undertake:**

- Medical assessment/s by an approved RQ medical practitioner
- DEXA Scan to assess bone density, muscle mass, and body fat composition
- RQ prescribed fitness testing
- Review of previous injuries

**Failure to disclose relevant medical information may result in removal from the selection process or withdrawal from the QAJP.**

### Drug and Alcohol Testing

Racing Queensland maintains **zero tolerance to drugs in sport**, in accordance with the Australian Rules of Racing and Local Rules of Racing.

**Applicants may be required to undergo:**

- Breath Alcohol testing
- Urine drug screening
- Hair follicle drug testing

All samples will be collected by a fully qualified collection provider endorsed by Racing Queensland.

**If banned substances are detected, or if an Applicant refuses to comply with testing, they will not be eligible to progress in the current QAJP intake.**

### Cost Recovery for Positive Test Results

Where an Applicant returns a positive result to a banned substance (as defined under the Rules of Racing), the cost of testing will be charged to the Applicant.

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### Cost Recovery for Positive Test Results (cont.)

**The total cost payable will be calculated based on the applicable components of testing, including:**

- Hair Collection Kit (per donor): \$12.00
- Urine Laboratory Drug Screen (per donor): \$126.00
- Hair Laboratory Analysis (per segment): \$400.00
- Urine Laboratory Confirmation Test (per drug class, if required): \$98.50

The total cost charged will be the sum of the applicable testing components.

Any outstanding debt owed to Racing Queensland as a result of drug and alcohol testing must be paid in full before an Applicant is eligible to progress into any subsequent QAJP intakes.

### Eligibility Requirement

Applicants must not have any outstanding debt with Racing Queensland to be eligible for shortlisting or progression within the QAJP selection process.

### Riding Video Submission

Where an Applicant returns a positive result to a banned substance (as defined under the Rules of Racing), the cost of testing will be charged to the Applicant.

**Applicants must submit a minimum of two videos (no longer than 3 minutes each), showing:**

- Riding in a jump-out scenario
- Clear demonstration of balance, control, and technique
- Rider is clearly visible and identifiable

Videos must be continuous and of sufficient quality for assessment. Footage that does not clearly identify the rider or demonstrate riding ability may not be accepted.

# Expression of Interest (EOI) Form

## Section 1 - Personal Details

Surname	Given Name(s)	Preferred Name		
<input type="text"/>	<input type="text"/>	<input type="text"/>		
Date of Birth	Gender	Height	Weight	Shoe Size
<input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/>	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Prefer not to answer	<input type="text"/>	<input type="text"/>	<input type="text"/>
Residential Address	Suburb / Post Code			
<input type="text"/>	<input type="text"/>			
Postal Address (if different):				
<input type="text"/>				
Telephone / Mobile	Email			
<input type="text"/>	<input type="text"/>			

## Section 2 - Parent/Guardian Details (if under 18)

Name	Relationship
<input type="text"/>	<input type="text"/>
Residential Address	Suburb / Post Code
<input type="text"/>	<input type="text"/>
Telephone / Mobile	Email
<input type="text"/>	<input type="text"/>

## Section 3 - Emergency Contact

Name	Relationship
<input type="text"/>	<input type="text"/>
Residential Address	Suburb / Post Code
<input type="text"/>	<input type="text"/>
Telephone / Mobile	
<input type="text"/>	

# Expression of Interest (EOI) Form

## Section 4 - Employing Trainer Information

Trainer Name

Contact Details

I authorise RQ to contact the proposed employing trainer to discuss this application:

YES  NO

### Trainer Endorsement

Once an application is received, the employing trainer will be contacted directly by Racing Queensland to complete a 'Trainer Endorsement'.

### The Trainer Endorsement will include an assessment of the Applicant's:

- Employment history and current role within the stable
- Riding ability (including balance, control, and experience in fast work/jump-outs)
- Work ethic, attitude, reliability, and ability to follow instructions
- Suitability to undertake an apprenticeship and manage the physical and mental demands of race riding

### The trainer will also be required to:

- Confirm their willingness to support the Applicant through an apprenticeship
- Declare any concerns regarding the Applicant's suitability
- Provide an overall recommendation

Failure to provide a Trainer Endorsement may impact the applicant's ability to progress in the selection process.

## Section 5 - Education Details

Highest completed school level

Currently attending school?

YES  NO

Qualifications (Certificates, Diplomas, Degrees)

Qualification:

Year Obtained:

Currently Studying?

YES  NO

## Section 6 - Employment History

1. Company / Employer

Employment Type (FT/PT/Casual)

Start Year / Finish Year

Job Title Held

# Expression of Interest (EOI) Form

## Section 6 – Employment History (cont.)

2. Company / Employer

Employment Type (FT/PT/Casual)

Start Year / Finish Year

Job Title Held

3. Company / Employer

Employment Type (FT/PT/Casual)

Start Year / Finish Year

Job Title Held

## Section 7 – Sports / Riding Experience

Sport Club / Riding Program

Achievements / Highlights

## Section 8 – Motivation & Self-Assessment

Why do you want to become a high-performance jockey?

Which jockey do you take inspiration from and why?

Strengths & weaknesses

Self-rated fitness (1-10)

Self-rated health (1-10)

Self-rated racing knowledge (1-10)

# Expression of Interest (EOI) Form

## Section 9 – Licensing & Conduct History

Has your riding licence ever been refused or deferred on medical grounds?

YES  NO

Date

Jurisdiction

Date of Reinstatement

Reason

Has your driving licence ever been revoked or suspended for medical reasons?

YES  NO

Date

Jurisdiction

Date of Reinstatement

Reason

Do you have any conduct-related offences under Australian Rules of Racing or Local Rules of Racing ?

YES  NO

**Note:** Conduct-related offences are outlined in the Australian Rules of Racing and Local Rules of Racing. These can be accessed under “Rules and Policies” on the Racing Queensland website: [Racing Queensland – Rules of Racing \(Thoroughbred\)](#) (PDF: Rules of Racing – Thoroughbred, as at 1 November 2025).

Details

# Expression of Interest (EOI) Form

## Section 10 – Medical Information

Please indicate if you have, or have had, any of the following:

Condition / Injury	YES	NO	Ref #	Details (Section 11)
Nervous disorders, depression, anxiety, etc.	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Headaches or migraines	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Fits, convulsions, seizures	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Lung / chest conditions	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Heart disease, blood pressure issues	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Digestive issues / ulcers	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Kidney / bladder issues	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Diabetes / endocrine disorders	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Anaemia / blood disorders	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Ear / hearing issues	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Allergies / sinusitis	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Back / spine / neck injuries	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Fractures / dislocations	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Head injuries / concussions	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Skin conditions	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Speech impairments	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Surgical procedures / hospital admissions	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Other illnesses / injuries	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Workers Compensation claim	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____

## Section 11 – Prescriptions & Supplements

Please list any oral, injectable, or topical medications currently or previously prescribed by a medical practitioner. Include herbal, vitamins, or supplements (prescribed or otherwise).

Medication / Supplement | Reason for Use

# Expression of Interest (EOI) Form

## Section 12 - Riding Video Submission

**Applicants must submit a minimum of two videos (no longer than 3 minutes each), showing:**

- Riding in a jump-out scenario
- Clear demonstration of balance, control, and technique
- Rider is clearly visible and identifiable

Videos must be continuous and of sufficient quality for assessment. Footage that does not clearly identify the rider or demonstrate riding ability may not be accepted.

## Section 13 - Jump-Out and Coaching Requirements

Applicants must demonstrate proven riding competency through industry experience.

**To be considered for shortlisting, applicants must:**

- Complete a minimum of twenty (20) satisfactory qualifying jump-outs recorded in an official Jump-Out Record Book; and complete the required number to the satisfaction of QAJP
- If required, a Jump-Out Record Book will be issued at the shortlisting interview or at the request of the participant
- All jump-outs will be assessed in line with QAJP Jump-Out Assessment Criteria and Guidelines

**In addition, applicants must:**

- Attend a minimum of three (3) mechanical horse coaching sessions with QAJP staff. These sessions are compulsory and form part of development but are not assessed on a pass/fail basis.
- Comply with scheduled coaching and assessment dates as outlined upon shortlisting.

## Section 14 - Privacy Statement

Racing Queensland (“we”, “us”, “our”) is committed to protecting your privacy and managing your personal and sensitive information in accordance with the *Information Privacy Act 2009 (Qld)*, the Queensland Privacy Principles (QPPs), and other applicable legislation.

By completing and submitting this Expression of Interest (EOI), you acknowledge and consent to Racing Queensland collecting, holding, using and disclosing your personal and sensitive information for the purposes outlined below.

# Expression of Interest (EOI) Form

## Section 14 – Privacy Statement (cont.)

### WHAT INFORMATION WE COLLECT

**We may collect personal information including, but not limited to:**

- Your name, date of birth, contact details and residential address
- Medical information and health history relevant to your ability to safely undertake jockey duties
- Fitness testing, riding assessments, and performance-related information
- Video submissions provided as part of your application
- Information relating to your education, qualifications, licences and employment history
- Conduct and integrity-related information under the Australian Rules of Racing and Local Rules of Racing
- Any other information you provide in this form or in supporting documentation

Personal information is generally collected directly from you. In some circumstances, we may also collect information from third parties, including employing trainers, referees, medical practitioners, racing bodies, and regulatory authorities.

Sensitive information (including health information) will only be collected with your consent, unless otherwise authorised or required by law.

### HOW WE USE AND DISCLOSE YOUR INFORMATION

**Your personal and sensitive information may be used for the following purposes:**

- Assessing your eligibility and suitability for the QAJP
- Managing the QAJP selection process
- Administering training, education, and participant welfare (if successful)
- Conducting medical, fitness, and integrity assessments
- Communicating with you and your nominated contacts
- Verifying information with trainers, referees, and relevant organisations
- Monitoring compliance with the Australian Rules of Racing, Local Rules of Racing and integrity requirements
- Meeting legal, regulatory, reporting, and compliance obligations

**We may disclose your information to relevant third parties where reasonably necessary, including:**

- Authorised Racing Queensland employees and contractors
- Medical practitioners and allied health professionals
- Integrity and regulatory bodies, including the Queensland Racing Integrity Commission
- National racing bodies, including Racing Australia
- Government departments or agencies where required or authorised by law
- Service providers engaged to support program delivery, testing, data storage, or administration

# Expression of Interest (EOI) Form

## Section 14 – Privacy Statement (cont.)

Your information may also be used or disclosed for secondary purposes where permitted under the QPPs, including where you would reasonably expect such use or where required or authorised by law.

### OVERSEAS DISCLOSURE

Some of Racing Queensland's service providers (including IT systems, data storage, or testing providers) may be located outside Australia or may store data in overseas jurisdictions.

By providing your personal information, you consent to the disclosure of your information to overseas recipients where necessary for the purposes outlined in this statement. Racing Queensland will take reasonable steps to ensure that any overseas recipients handle your information in a manner consistent with Australian privacy obligations.

### DATA SECURITY AND STORAGE

We take reasonable steps to protect your personal information from misuse, interference, loss, unauthorised access, modification, or disclosure.

Information is stored securely in electronic systems and physical records, including systems managed by trusted third-party service providers. Access to personal information is restricted to authorised personnel only.

We retain personal information in accordance with applicable legislation and records management obligations, including the *Public Records Act 2023 (Qld)*.

### PROVISION OF INFORMATION

Providing your personal information is voluntary. However, if you do not provide the requested information, Racing Queensland may be unable to assess your application, determine your suitability, or allow you to progress in the QAJP selection process.

### ACCESS AND CORRECTION

You may request access to the personal information we hold about you and request correction if you believe it is inaccurate, incomplete, or out of date.

Requests should be made in writing to the Racing Queensland Privacy Officer using the contact details below.

### PRIVACY CONTACT AND COMPLAINTS

If you have any questions about how your personal information is handled, or wish to make a privacy complaint, you may contact:

Privacy Officer  
Racing Queensland  
PO Box 63  
Deagon QLD 4017  
Phone: (07) 3869 9777  
Email: [rti@racingqueensland.com.au](mailto:rti@racingqueensland.com.au)

# Expression of Interest (EOI) Form

## Section 14 - Privacy Statement (cont.)

Racing Queensland will handle privacy complaints in accordance with its obligations under the *Information Privacy Act 2009 (Qld)*.

If you are not satisfied with Racing Queensland's response, you may seek external review through the Office of the Information Commissioner (OIC).

### **OWNERSHIP AND INTEREST IN RACEHORSES**

Applicants must not own, lease, or hold any interest in a racehorse in accordance with AR 116 of the *Australian Rules of Racing*.

# Expression of Interest (EOI) Form

## Section 15 - Applicant Declaration

**I declare that:**

- All information provided in this Expressions of Interest form is true and complete.
- Payment of \$250 shortlisting fee (if applicable)
- I have disclosed all medical conditions and prescriptions relevant to my ability to perform jockey duties
- I consent to Racing Queensland collecting, reviewing, and sharing relevant health information with approved medical staff and other authorised personnel for the purpose of QAJP selection
- I understand that I may be required to provide saliva, urine, hair follicle, or breath samples for testing
- I understand that Racing Queensland has zero tolerance to banned substances in racing
- I understand that I can not own, lease, or hold any interest in a registered racehorse in accordance with AR 116 and AR 117 of the Australian Rules of Racing.
- I will comply with the Australian Rules of Racing, Local Rules of Racing and integrity standards at all times.
- I acknowledge that failure to provide accurate information, or refusal to comply with testing, may result in ineligibility for the QAJP.

**Applicant Name:**

**Applicant Signature:**

**Date:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Section 16 - Parent/Guardian Declaration (if under 18 years of age)

**Parent / Guardian Name:**

**Signature:**

**Date:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Required Documents Checklist

- Completed EOI Form
- Valid Photo ID
- Copy of current Visa (if applicable)
- Certificate III in Racing (Trackwork Rider) and Statement of Results
- Two riding videos submission (no longer than 3 minutes each, as detailed above)

*EOIs that are incomplete or missing documentation will not be considered.*

Submit to: [qajp@racingqueensland.com.au](mailto:qajp@racingqueensland.com.au)

Applications close: **21 May 2026, close of business**